

**Are your  
employees  
struggling with  
time management?**

**Encourage your employees to block the most productive times of the day for focused work**



**Clearly communicate  
organizational goals so that  
employees understand how  
to prioritize and focus  
efforts better**



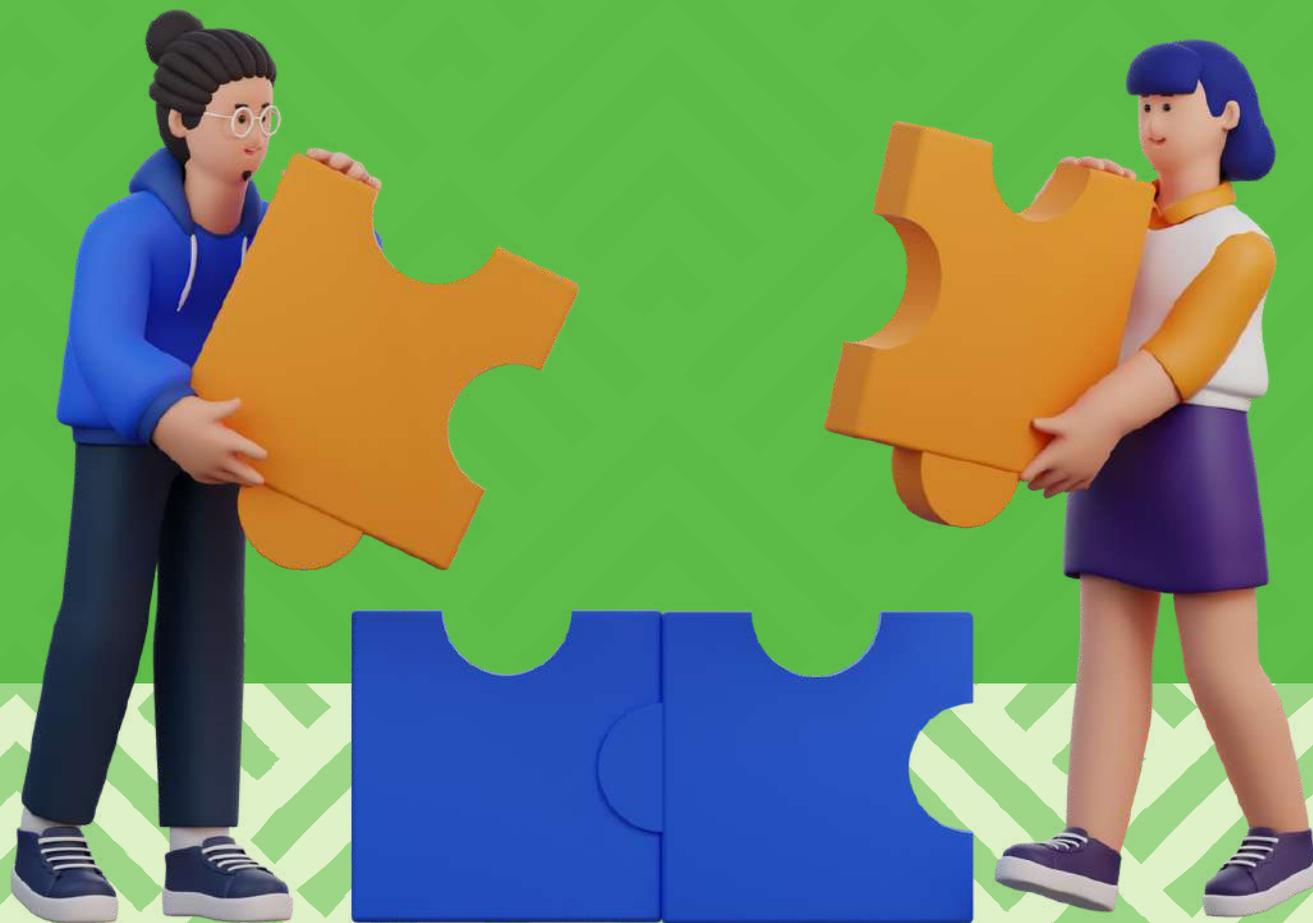
**Emphasize the need to  
set smaller, more  
achievable goals**



**Schedule regular 1-on-1s  
to address challenges  
and give feedback**



**Reach out to unbiased,  
external support to  
maximize effectiveness**



# Enable your employees to overcome their struggles with Wellbeing on the Web (WoW)



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Doctors



Dietitians



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Yoga



Dance



Art



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