The Fuler Life

## Why is financial planning important for women?



## The Fuler Life



- 1 Helps navigate career changes
- 2 Provides strategies for breadwinners
- 3 Allocates adequate funds for healthcare
- Ensures better control of your financial future and fosters independence

## How to start planning?



- Begin with retirement planning using strategies prioritizing long-term growth
- Prepare for career breaks with savings and skills for smoother re-entry into the job market
- Holistic family financial planning involves budgeting for family-related financial obligations
- Speak to financial advisors for financial literacy

## Change the world by being the change.



Wellbeing on the Web (WoW) provides resources to help your colleagues achieve financial freedom



Counsellors



**Doctors** 



Dietitians



Financial advisors



Yoga



Dance



Art



Articles & videos



POSH training



e-pharmacy



Lab tests



**Physios** 



Email support



Newsletters



Branded comms



Monthly reports



