The Fuller Life

Making family memories this vacation





## Make plans together

Before the trip find out about the location and sit as a family to plan the itinerary. Planning together will make everyone get involved and excited about what lies ahead.





#### Souvenirs

Before you head out create a space at home to display your souvenirs. That will get everyone involved in choosing the things to pick up to showcase.





# Enjoy the sights

We tend to take pictures more to relive the moments later, instead enjoy the sights and the location and give the incessant photoshoot a rest.



# Try something new

Don't go overboard but do something you'd never do, but make sure it's safe and something everyone will enjoy. It could be just trying a new cuisine.





# Use phones minimally

No vacation is fun if everyone is busy staring at their respective phone screens. Make it a rule to use the phone only for emergencies and to take pictures.



### Choose an outdoorsy activity

Do something that will get everyone to enjoy the great outdoors. A fun outdoor activity that everyone will enjoy is sure to create some fun, happy times.





# Make a trip diary

Spend a few minutes at the end of the day to jot down what you did. Let everyone pitch in to share their memories of the day.





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