

A guide to help the elderly stay connected



Challenge: Loneliness & Social Isolation

**Solution: Introduce them to neighbours
or join clubs which they can visit**



Challenge: Inter-generational bias

Solution: Create opportunities for elders and youngsters to spend time together



Challenge: Tough to stay in touch with family

Solution: Empower them technologically



Challenge: Lack of mental health awareness

Solution: Share resources and offer professional help



Enhance the wellbeing of the elders in your employees' family with WoW



Counsellors



Doctors



Nutritionists



Diagnostics



Pharmacy



Finance advisor



Newsletters



Self-assessments



Live classes



Articles



Videos



Webinars