

# Things that will make you father of the year!

## The Fuller Life

## Why fear, when I'm here!

Create a sense of trust and reliability with your child. Let them know that you are not judgmental and will listen to them in times of trouble.

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## Honesty is non-negotiable

Be honest with your actions and to your words, because children are observant. If a strict 'NO' is no, then a 'YES' should be yes.



## **Create routines and rituals**

It could be a weekly game night, a monthly outing, or a daily meal together. These predictable and special moments help create a sense of stability and exclusivity for your children.

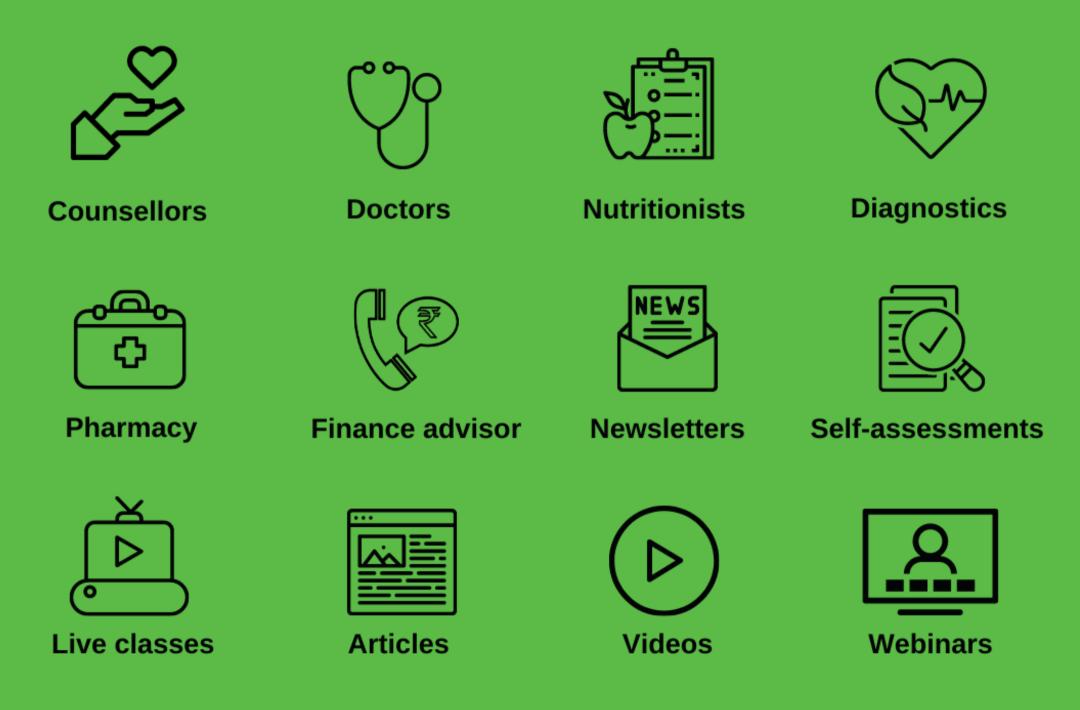
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## Habits go a long way

If watching TV is something you do not want your child to do, start reading books. Your child will pick up the habit.



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