







Pamper yourself with a haircut or a facial





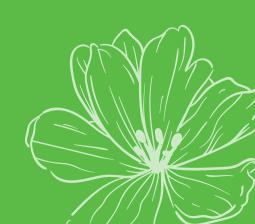
Plan a day out with your friends for shopping, lunch or coffee





This time in the kitchen, cook YOUR favourite dish











Stay in the shower for 10 more minutes or add an extra step into your skincare routine





Dedicate 30 minutes every day doing something you like





For this Mother's Day, take care of yourself before you take care of everybody else!



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